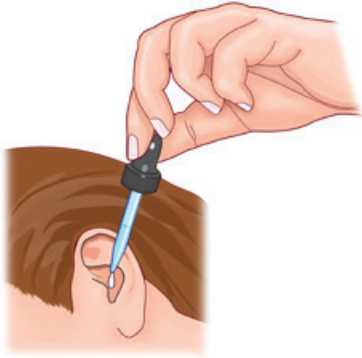


ENT Ear Home Instructions



1. _____ Drops:
Place _____ drops into _____ ear _____ times daily x _____ days
2. You will follow up in _____
3. If you have questions, call 319-338-0581, at the prompt dial 9-5000 (the ENT office)

How to properly place ear drops:

1. Tilt the affected ear up or lie on your side. Pull the ear backward and upward to open the ear canal.
2. Place the correct number of drops in your ear.
3. Gently press on the small skin flap over the ear to help the drops to run into the ear canal.
4. Keep your ear tilted up for a few minutes or insert a soft cotton plug in your ear.
5. Keep your ears otherwise dry by placing cotton with Vaseline into your ear while showering or use a hair dryer to dry your ear after showering.

