



Return to Dr. \_\_\_\_\_

Date \_\_\_\_\_ Time \_\_\_\_\_

Date of first appointment \_\_\_\_\_ First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Birthplace \_\_\_\_\_

Gender:  Male  Female    Handedness:  Right  Left  Ambidextrous

Main reason for your visit: \_\_\_\_\_

Describe briefly your present symptoms (quality, location, timing, other problems): \_\_\_\_\_

Please list the names of other health care providers you have seen for this problem: \_\_\_\_\_

Date symptoms began (approximate) \_\_\_\_\_ Diagnosis given? \_\_\_\_\_

Previous treatment for this problem (include physical therapy, surgery, and medications) \_\_\_\_\_

**PAST MEDICAL HISTORY:** (please check all that apply and state when the problem started)

Headaches \_\_\_\_\_       Chronic Pain Syndrome \_\_\_\_\_       Depression \_\_\_\_\_

Seizures \_\_\_\_\_       Atrial Fibrillation/Flutter \_\_\_\_\_       Drug or Alcohol Addiction \_\_\_\_\_

Back or Joint Problems \_\_\_\_\_       Anxiety \_\_\_\_\_

Other significant illnesses or infections: \_\_\_\_\_

**FAMILY HISTORY:** Has any member of your family (not to include spouse or in-laws) ever had the following conditions. If yes, indicate family member.

		<u>Family Member</u>			<u>Family Member</u>		
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Anxiety	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Polyneuropathy	_____
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Dementia	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Parkinson's Disease	_____
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Depression	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Restless Leg Syndrome	_____
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Epilepsy	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Stroke or TIA	_____
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Migraine Headaches	_____	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Tremor	_____
<input type="checkbox"/> Yes	<input type="checkbox"/> No	Obstructive Sleep Apnea	_____				

Other conditions: \_\_\_\_\_

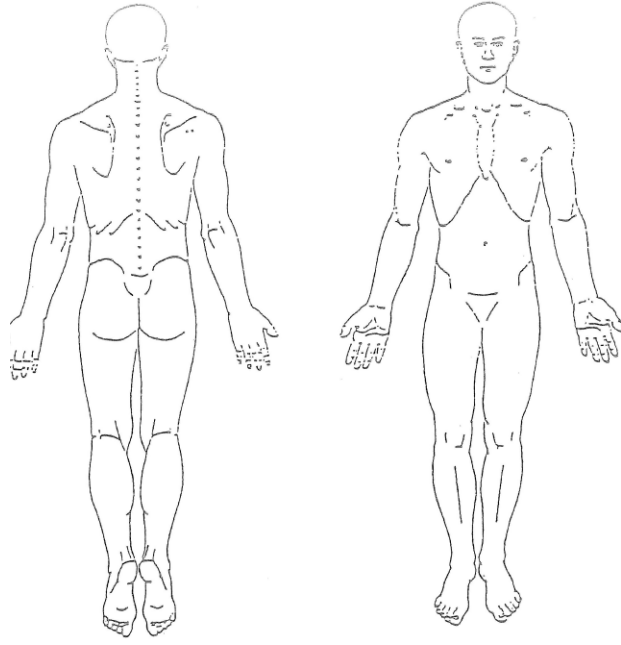
**SLEEP HISTORY:**

- Yes  No Do you have trouble sleeping?
- Yes  No Do you have insomnia?
- Yes  No Do you snore?
- Yes  No Have you ever been told you stop breathing while you sleep?
- Yes  No Do you have a headache when you wake up in the morning?
- Yes  No Are you tired when you wake in the morning?
- Yes  No Do you get sleepy during the day when things are quiet?
- Yes  No Do you get sleepy during the day when sitting or reading?
- Yes  No Do you get sleepy when watching television?
- Yes  No Do you get sleepy while driving?
- Yes  No Do you have heartburn at night?
- Yes  No Do you have a crawling, uncomfortable, restless feeling in your legs when you lay down or rest?
  - Yes  No Does it go away if you move your feet or get up and walk?



Please mark on these drawings the present location of your symptoms using the following key:

- Pain
- Pins & Needles
- Numbness



If you missed work, what was your last day worked? \_\_\_\_\_

Using a scale from 1-10, with 0=No Pain and 10=the most pain you have ever experienced, please answer the following questions:

What is your current level of pain?    1       2       3       4       5       6       7       8       9       10  
 What is the worst this pain has been? 1       2       3       4       5       6       7       8       9       10  
 What is the best this pain has been?  1       2       3       4       5       6       7       8       9       10

What makes your pain better?    Rest    Heat    Ice    Medicine    Hot Bath    Exercise    Massage    Manipulation

What medications have you used? \_\_\_\_\_

What activity would you like to do, but cannot because of pain? \_\_\_\_\_

When do you notice most of your pain?     Morning     Afternoon     Evening     Night

What aggravates your pain?    Sitting        Standing        Walking        Lying Down        Putting on Shoes        Light  
     Bending        Driving        Coughing        Straining        Riding in a Car        Sound

Other: \_\_\_\_\_

**REVIEW OF SYSTEMS:** Please check any new symptoms you have experienced in the last TWO WEEKS.

**Constitutional**

- Fever
- Chills
- Recent Weight Gain
- Recent Weight Loss

**Endocrine**

- Excessive Thirst
- Heat Intolerance
- Cold Intolerance

**Skin**

- Skin Rash
- Skin Lump

**Eyes**

- Blurry Vision
- Seeing Double

**Ear/Nose/Throat**

- Sore Throat
- Nasal Congestion

**Cardiovascular**

- Chest Pain or Discomfort
- Palpitations
- Leg Swelling

**Respiratory**

- Wheezing
- Shortness of Breath
- Frequent Cough

**Hematological**

- Swollen Glands in Neck
- Easy Bleeding - Recurrent

**Gastrointestinal**

- Abdominal Pain
- Nausea
- Vomiting
- Constipation
- Diarrhea
- Heartburn

**Musculoskeletal**

- Joint Pain
- Neck Pain
- Back Pain

**Psychological**

- Depression
- Anxiety

**Genitourinary**

- Urinary Loss of Control
- Urinary Frequency at Night
- Painful urination

**Neurological**

Neurological Symptoms:  
 \_\_\_\_\_  
 \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_